



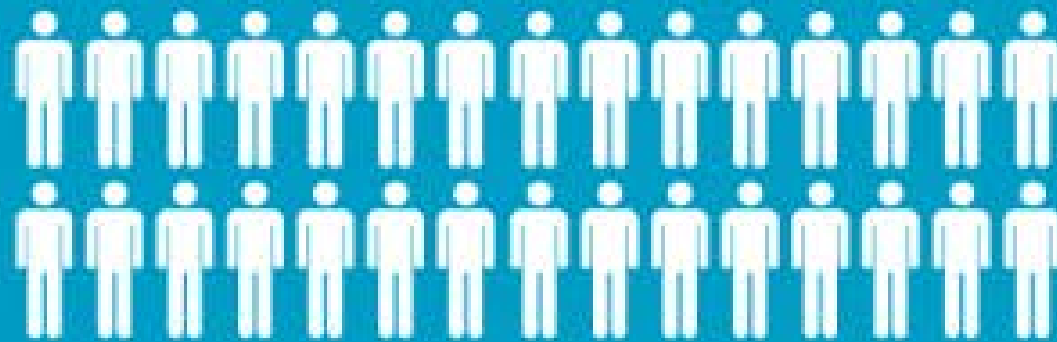
initias

ON SIDE YOUTH ZONE

An Overall Look

since June 2019

6,697
active members



Ethnicity Range

White British
17% (1,193)
Other White Background
9% (644)
Black or Black British Caribbean
4% (289)
Black or Black British African
16% (1,115)
Other
16% (1,113)



611

SEND /
LIMITLESS

of our active members declared
an additional need/disability



Gender Split

38% females
61% males
2% choosing
not to say / other



14%

on Free
School Meals

(927) of our members
are on FSM against an
average of 11%



YOUR VOICE.
YOUR POWER.
YOUR UNITAS.

UNITAS 2.0

YOUNG PEOPLE FIRST // #ONETEAM // DREAM BIG // INTEGRITY // BE THE BEST VERSION OF YOU

UNITAS	UNITAS COMMUNITY OUTREACH	UNITAS SATELLITE	UNITAS MENTORING	UNITAS YZ AT HOME (DIGITAL)
<ul style="list-style-type: none">• Capped sessions in line with guidance• Bookable activity• Invite only• Community partners• Holiday Club	<ul style="list-style-type: none">• Montrose Park - fitness, art, dance, open air drama, mentoring• Walking Bus• Local parks• Engaging young people through street based activity• Trips & Treats - bowling, meals out	<ul style="list-style-type: none">• Community spaces• Children's centres?• Local Authority hubs• Working collaboratively with local partners and at their venues• After School Clubs	<ul style="list-style-type: none">• 1:1 support• Borough wide• Meet in neutral spaces like local cafes and restaurants	<ul style="list-style-type: none">• Timetable weekly content• UniCafe• Peer to peer• Tik Tok• Insta• Snapchat

← **YOUTH VOICE / SEND / VOLUNTEERING / AMBITIONS / TRAINEESHIPS** →

PPE - Risk Assessment - Social Distancing - Staff Bubbles - Salesforce - Review

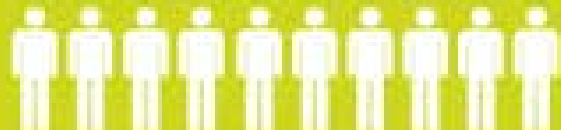
And 2020 over Lockdown?

1,021
new members

504 Juniors



516 Seniors



10,041

Engagements



75

Causes for Concern

For inappropriate behaviour,
bullying, domestic violence
and self injury

Some New Initiatives

under Unitas 2.0

Food Poverty

Foodbank

40-50

families
supported a week



Grab & Go
Lunches



over
100
a week

Outreach

In-Person Outreach

Since Dec 2020

52 young people



met & signposted through on-the-road outreach

Mainly through our project work with **Douglas Bader Park** & often with parents and other family members engaged during doorstep visits.

Telephone Outreach

Oct - Dec 2020

150



outbound welfare calls made

Excellence Framework

We deliver high quality services to support and inspire young people to lead healthier, more positive lives, raising their aspirations to become happy, caring and responsible citizens. We challenge them to be the best that they can be. We seek their active involvement in planning, development and delivery to ensure our offer is relevant, wanted and meets their needs.



**YOUR VOICE.
YOUR POWER.
YOUR UNITAS.**

2021 Objectives & Strategy



**WE'RE
HERE
FOR
YOU**



YOUR VOICE.
YOUR POWER.
YOUR UNITAS.

- *Young People*

- *Great Universal offer*

Targeted projects and provisions

- *Implementation and accountability to our Try, Train & Team method*
- *Holistic & wellbeing support for young people*
 - *Reaching out across the borough*
 - *Young people feedback & action*
 - *Community Engagement*
 - *Fundraising*
 - *Colleague development*



Sharon's Story

Sharon joined Unitas in October 2019 after being invited down by her friends. Before Unitas Sharon wasn't involved in any activities or hobbies outside of school. Sharon told us "***When I first started Unitas, I was unconfident, as I suffer from ADHD and Ehlers-Danlos syndrome, which gets me frustrated sometimes. But then I joined the boxing sessions! This has built up my confidence and makes me feel like a better person within myself.***"

In October 2020, Sharon turned 18, and shortly after this, presented at Unitas to inform us that she had become homeless. Sharon had fled violence at home and for a while had been sofa-surfing with friends. Following an argument, her friend had asked her to leave and Sharon now faced having nowhere to.

Unitas staff jumped into action to help Sharon by contacting local housing support offices and storing the suitcases that Sharon had been carrying with her everywhere. That night and for a few nights following, Unitas booked Sharon into a local hotel, and were able to transport her there safely.

What followed was a challenging and frustrating few days and weeks. As Sharon had just turned 18, she was expected to access the adult homeless services in the area, despite being a vulnerable female in her teens. Marsha, Sharon's mentor at Unitas supported with the documentation needed for Sharon to be assessed by local services.

After a few days of awaiting decisions from local services, Sharon was asked to attend a homeless service in Kings Cross that may be able to help her, but upon her arrival, she was told that it would be too late for them to help her today and instead was advised that she must be found, on the street, by street services the following morning at 6.00am in order to be verified.

Unitas once again booked Sharon accommodation nearby to ensure that she had a bed for the night. The following morning Sharon returned to the spot where she was to be verified, but quickly became frightened when she overheard rough sleepers nearby discussing the recent trafficking of young women in the area. Whilst on the phone to a member of our team, Sharon made her way back to the hotel, without having been verified. She was frightened, anxious, and panicked. Staff remained in contact with Sharon, 24 hours a day for the rest of the weekend, before picking her up on Monday morning to once again return to Barnet in the hope of securing Sharon some emergency accommodation. After more waiting and filling in of forms and persistently picking up the phone, Sharon was eventually granted emergency accommodation by local homeless services.

Sharon is now settled into her new accommodation and is being supported by Unitas via mentoring, welfare checks, and foodbank support. Sharon has even attended a Unitas board meeting and shared her story with our Trustees. She is an incredibly brave young person, who has overcome so much at such a young age. We are so glad that Sharon recognised Unitas as a safe place that could help her and offer her support when she found herself in crisis.

Following this experience, Sharon says; "***Unitas has played a big part in my life. When I was homeless and sometimes had nothing to eat, they accommodated me in hotels and gave me food. I will never forget what the staff have done for me. Without their support I would be sleeping on the streets today. I just want to say a big THANK YOU to UNITAS.***"

Young people working towards common goals and objectives, developing skills in key areas while also helping with self-esteem and confidence upon completion.

Strengthening ties with external partnerships who can help deliver these projects, giving young people new opportunities and exposure to different organisations.

Delivering on outcomes and deliverables help young people to see the progress they have made as well as motivating staff who can continuously learn and develop.



Targeted Projects & Provisions

“Support, inspire, raise aspirations”



Giving young people an opportunity to try new things while also forever being challenged, whether that be arts, music, cooking or sport.

Implementation and accountability around Team activities – media squads, basketball tournaments, dance battles – tasking our staff and young people to rise to the challenge at hand.

Outward facing – for new and lapsed members to see the progression you can make at Umitas and feel inspired to participate and develop own goals.



Try, Train & Team method

“Challenge them, relevant, meets their needs”



Mentoring under the Uritas 2.0 banner has shown the need for 1:1 support for young people, based around supporting their personal and individual situations.

Conversations around physical health, healthy relationships, family and school life and mental health are crucial in being able to support young people.

Getting young people to evaluate and reflect on themselves and set themselves clear goals and outcomes help for them to see progression and further signposting.



Holistic & Wellbeing Support

“Healthier, more positive lives, to become happy, caring and responsible citizens”.



While our membership is strong, more can be done to connect with young people across the borough from different backgrounds and cultures.

Utilising the outreach and detached to connect with different communities of young people, taking Uitas to them while remaining relevant to their needs.

Satellite hubs across the borough to help deliver activities outside of our four walls and partnering with local organisations and external partners to benefit young people.



Reaching out across the borough

“Relevant, wanted and meets their needs”.



Actioning young peoples feedback is crucial as the building is “for them” and youth participation in our development is crucial.

Each area (Sports, Arts, Media, Wellbeing) having targeted focus steering groups as they are the experts and can work with staff to get the most of their spaces.

6-month surveys for young people – asking them everything from the quality of the food, to what they would like to see change to highlight positives which they would like to see repeated.



Young people feedback & action

“Active involvement in planning, development and delivery”





- How can we grow our membership across the borough?
- Where can we lead from the front of our response to the pandemic?

WHAT'S NEXT

- What does a great youth offer look like moving forward in 2021 and beyond?
- Where should we focus our targeted & project work?